

Community Resource Guide: Faith-Based Programs and Other Resources

Presented by the
Meharry-Vanderbilt Alliance
in partnership with the
Nashville Health Disparities Coalition

“Health equity is achieved when every person has the opportunity to attain his or her full potential, and no socially determined disadvantages exist (CDC, 2008).” Health equity efforts in congregations may include initiatives that promote the achievement of optimal health and well-being, as well as efforts that address the social determinants of health.

Faith and Health Summit Partners



Office of Minority Health
& Disparities Elimination

September 22, 2017

Greetings!

On April 8th, 2017, the Meharry-Vanderbilt Alliance (MVA) in partnership with the Nashville Health Disparities Coalition (NHDC) presented the first Faith & Health Summit. Congregational leaders and members from around Nashville came together to discuss how to help our community members live healthy lifestyles.

During the Summit, the MVA and NHDC recognized the efforts of five Nashville-based congregations to promote health equity and reduce health disparities for congregants and community members. The five awardees were: Corinthian Baptist Church, Mt. Lebanon Missionary Church, New Life Thru Christ Ministries, Second Missionary Baptist Church, and St. James AME Church.

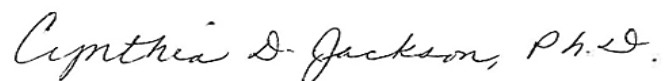
We have included in this mailing a booklet that lists faith-based resources which were identified during the summit, as well as other community resources. These programs highlight the important work being done in our communities, particularly the faith community, to create conditions that promote health equity. All of the resources included are available to community members to use. We hope you find them helpful! We also plan to update the resource list periodically and encourage you to inform us of programs or resources that you would like to see in a future resource guide.

Sincerely,

Jacquelyn Favours, MPH
Meharry-Vanderbilt Alliance, *Assoc. Program Manager*



Cynthia Jackson, Ph.D.
Meharry Medical College, *Program Director of Community Outreach*
Nashville Health Disparities Coalition, *Chair*



Faith-Based Resources: Food

Food Bank

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Food is visible from entrance of church.

Food Pantry

Cleveland Street Missionary Baptist Church
608 Cleveland St, Nashville, TN 37027
(615) 227-1149
Wednesdays 2-4pm

Store House Program

Second Missionary Baptist Church
1000 Halcyon Ave, Nashville, TN 37204
(615) 298-1832
Call church to ask about schedule.

Thursday Community Meals

St. John's West UMC
6300 Charlotte Ave, Nashville, TN 37209
stjohnswestumc@gmail.com | (615) 356-1840
stjohnswestumc.com
Pantry: 3-5pm, Community Meal: 5:30pm (not open in the summer)

Living Bread Box: Non-Perishable Food Pantry

Payne Chapel AME
212 Neill Ave, Nashville, TN 37206
(615) 262-3675
Monday-Thursday: 6-8pm, Saturday: 1-3pm. Bring an ID.

Community Meal and Meal-Planning Lesson

St. James AME
1501 Straightway Ave, Nashville, TN 37206
(615) 226-2386
Occurs once per month on Sunday. Contact church for more information.

Living Bread Box: Non-Perishable Food Pantry

Payne Chapel AME
212 Neill Ave, Nashville, TN 37206
(615) 262-3675
Monday-Thursday: 6-8pm, Saturday: 1-3pm
Anyone welcome with an ID.

Educational Gardening Program for Children and Seniors

Second Missionary Baptist Church
1000 Halcyon Ave, Nashville, TN 37204
(615) 298-1832
Call church for schedule.

Gardening Program

St. James AME
1501 Straightway Ave, Nashville, TN 37206
(615) 226-2386
Contact church for more information and for schedule.

Church/Community Garden

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Food is given away each year. Call for details.

Lunch Program

Word of Life Christian Center International
4100 Clarksville Pike, Nashville, TN 37218
(615) 876-3086
worship@wlcci.org
Occurs weekly. Call or email for exact schedule.

Community Breakfast

New Life Thru Christ Ministries
2406 Seifried St, Nashville, TN 37208
9a-11am
Occurs every 5th Saturday. Free and open to the public.

Employment and Career Development – Job Bulletin

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37212
(615) 596-0456

The bulletin is posted inside the church.

Job Training and Career Assistance Programs
Fifteenth Avenue Baptist Community Development Corporation

344 Jefferson St, Nashville, TN 37208
(615) 256-4329

Call or visit website (fabcdc.org) for more information on how to register.

Financial Management and Home Buyer Education

Fifteenth Avenue Baptist Community Development Corporation
344 Jefferson St, Nashville, TN 37208
(615) 256-4329

Call or visit website (www.fabcdc.org) for more information on how to register.

Faith-Based Resources: Social Services

Community Clothing Program

St. John's West UMC
6300 Charlotte Ave, Nashville, TN 37209
stjohnswestumc@gmail.com | (615) 356-1840
www.stjohnswestumc.com
Thursdays 3-5pm

Room at the Inn Hosting

St. James AME
1501 Straightway Ave, Nashville, TN 37189
(615) 226-2386
Occurs once per month through winter months. Call church for more information.

Connection to Substance Abuse Resources

St. James AME
1501 Straightway Ave, Nashville, TN 37206
(615) 226-2386
Visit church to get connected to resources.

Fitness Program

Word of Life Christian Center International
4100 Clarksville Pike, Nashville, TN 37218
(615) 876-3086
worship@wlcci.org
Call or email for exact schedule.

Faith-Based Resources: Education

After School Reading Program

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly beginning at 3pm. Call for more details and to join.

Education Ministry: Free Classes (including health-related topics)

Second Missionary Baptist Church
1000 Halcyon Ave, Nashville, TN 37204
(615) 298-1832
Call church or visit website for schedule.
(<http://smbc1000.org>)

After School Tutoring Program

First Baptist Church of East Nashville
601 Main St, Nashville, TN 37206
(615) 254-6268
Occurs Wednesdays 4pm-5:30pm
Email Dr. Sharon Shaw McEwen for more information.
sshaw@mtsu.edu

Bilingual Classes

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly from 3-5:30. Call for details

Free Adult & Youth Programs

Nashville Public Library Southeast Branch & Community Center
5260 Hickory Hollow Pkwy #201, Antioch, TN 37013
(615) 862-5871
Visit website for calendar of events
<https://library.nashville.org/locations/southeast-branch>

8-Week Summer Camps for Children

Word of Life Christian Center International
4100 Clarksville Pike, Nashville, TN 37218
(615) 876-3086
worship@wlcci.org
Call or email for more information.
<https://camps.wol.org/youth-camps/>

Legal Clinic run by Local Attorney Volunteers

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Occurs once or twice annually, 6-8pm. Call for schedule.

Tutoring Classes

New Life Thru Christ Ministries
2406 Seifried St, Nashville, TN 37208
(615) 240-1510
Middle and high school tutoring and GED/college preparation in math, science and English.
Occurs Wednesdays 6pm-7pm*
*Individual sessions available, by appt. only.

Other Community Resources

Nashville Public Library Health & Wellness Programs

Free and open to the public.
Visit your local library's webpage for hours and a calendar of events.
<https://library.nashville.org/locations>

Northwest Family YMCA
3700 Ashland City Hwy, Nashville, TN 37218
(615) 242-6559
Hours: Monday-Saturday: 5am-9pm
Sunday: 1-5pm

My Health Care Home*
Visit this webpage to find a free or sliding scale clinic near you.
<http://myhchtn.org/>

Good Rx
Use this directory to locate pharmacies near you with discounted prescription prices.
<https://www.goodrx.com/pharmacy-near-me/all/tn/nashville>

Dispensary of Hope
Use this directory to locate pharmacies near you with discounted prescription prices.
<http://dispensaryofhope.org/find-meds/>

Family Resource Centers*
These centers can connect you to providers of social and health services. This link will take you to a page to find Family Resource Centers close to you.
<http://www.mnps.org/family-resource-centers/>

Where to Turn in Nashville
Use this guide to find resources around Nashville.
(615) 212-8876
<http://www.wttin.org/resources#>

Metro Action Commission*
Provides resources to Davison County families in need.
(615) 862-8860
Hours: Monday-Friday: 8am-4:30pm
www.nashville.gov/mac

Nashville Health Disparities Coalition
Community-led organization working to empower communities.
<https://nhdcwebsite.wixsite.com/website>

Tennessee Justice Center*
Free legal services to help enroll individuals in public assistance programs to get healthcare and nutrition assistance.
(615) 255-0331
Hours: Monday-Friday: 8am-5pm
www.tnjustice.org

2-1-1 Tennessee
Phone: 211
www.tn211.mycommunitypt.com

Tennessee Disability Pathfinder*
Visit website to find free resources for residents with disabilities and their families.
1211 21st Ave South, Ste. 539, Nashville, TN 37212
1-800-640-4636
www.familypathfinder.org

Other Community Resources – cont.

Hope Clinic for Women*

1810 Hayes Street, Nashville, TN 37203
(615) 321-0005

info@hopeclinicforwomen.org

Hours: Monday-Friday: 8:30am-5pm*

*Closing time varies by day. Call or visit website for details.

www.hopeclinicforwomen.org

Family & Children's Services*

201 23rd Ave North, Nashville, TN 37203
(615) 320-0591

Hours: Monday-Friday: 8am-5pm

www.fcsnashville.org

Sexual Assault Center*

Counseling and Education
101 French Landing Dr., Nashville, TN 37228
(615) 259-9055

www.sacenter.org

Hispanic Family Foundation*

3927 Nolensville Pk., Nashville, TN 37211
(615) 562-2222

Hours: 9am-5pm

www.hispanicfamilyfoundation.com

*Indicates bilingual services available.

ACKNOWLEDGEMENTS

The Faith and Health Collaborative

Clark United Methodist Church

EarthMatters TN

Meharry Medical College

Meharry-Vanderbilt Alliance

Nashville General Hospital

Middle TN YMCA

New Life Thru Christ Ministries

Nashville Health

Open Table Nashville

New Unity Church

Saint Thomas Nashville

Rooted Community Health

Siloam Family Health Center

Second Harvest of Middle TN

Vanderbilt University

Tennessee Department of Health

Metro Public Health Department

Vanderbilt University Medical Center



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@mvalliance



Nashville Health Disparities Coalition

Bringing People, Organizations, and Communities Together to Accomplish Extraordinary Goals

Visit the NHDC website:

<https://nhdcwebsite.wixsite.com/website>

For more information about this Community Resource Booklet or
to submit additional resources, please contact the Meharry-Vanderbilt Alliance at
mva@meharry-vanderbilt.org or call (615) 963-2820.