

Community Resource Guide: Faith-Based Programs and Other Resources

Prepared by the
Meharry-Vanderbilt Alliance
in partnership with the
Nashville Health Disparities Coalition

“Health equity is achieved when every person has the opportunity to attain his or her full potential, and no socially determined disadvantages exist (CDC, 2008).” The health equity efforts of congregations include initiatives that promote the achievement of optimal health and well-being, as well as efforts that address the social determinants of health.



We are thrilled to be sharing with you an updated Faith-Based Community Resource Guide!

For the past two years, the Meharry-Vanderbilt Alliance (MVA) in partnership with the Nashville Health Disparities Coalition (NHDC) have presented the Faith & Health Summit. Congregational leaders and members from around Nashville came together to discuss how to help our community members achieve the highest level of health.

During each summit, the MVA and NHDC recognized the efforts of Nashville-based congregations to promote health equity and reduce health disparities for congregants and community members.

In this booklet, we have included an updated list of faith-based resources identified during the summits, as well as resources from other community-based organizations. These programs highlight the important work done in our communities, particularly the faith community, to create conditions that promote health equity.

All of the resources included are available for community members to use. We hope you find them helpful! We also plan to update the resource list periodically and encourage you to inform us of programs or resources that you would like to see in a future resource guide.

Special Thanks

To the programs and partners who contributed and have been instrumental to on-going additions and enhancements to this guide.

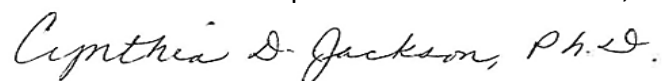
To add a resource to the guide, or to ask questions regarding the guide,
Please contact Jacquelyn Favours via email at jacquelyn.s.favours@gmail.com or call (615)963-2817.

Sincerely,

Jacquelyn Favours, MPH
Meharry-Vanderbilt Alliance, *Community Engaged Program Manager*



Cynthia Jackson, Ph.D.
Nashville Health Disparities Coalition, *Co-Chair*
Matthew Walker Comprehensive Health Center, *Psychologist*



Faith-Based Resources: Food

<p style="text-align: center;">Food Bank</p> <p>Mt. Lebanon Missionary Baptist Church 222 Franklin Limestone Rd, Nashville, TN 37217 (615) 596-0456 Food is visible from entrance of church.</p>	<p style="text-align: center;">Food Pantry</p> <p>Cleveland Street Missionary Baptist Church 608 Cleveland St, Nashville, TN 37027 (615) 227-1149 Every Fourth Wednesday 2-4pm</p>	<p style="text-align: center;">Store House Program</p> <p>Second Missionary Baptist Church 1000 Halcyon Ave, Nashville, TN 37204 (615) 298-1832 Call church to ask about schedule.</p>
<p style="text-align: center;">Thursday Community Meals</p> <p>St. John's West UMC 6300 Charlotte Ave, Nashville, TN 37209 stjohnswestumc@gmail.com (615) 356-1840 stjohnswestumc.com Pantry and Clothing Closet: Thursdays 3-5pm, Community Meal: Thursday 5:30pm</p>	<p style="text-align: center;">Living Bread Box: Non-Perishable Food Pantry</p> <p>Payne Chapel AME 212 Neill Ave, Nashville, TN 37206 (615) 262-3675 Wednesday -Thursday: 6-7:30pm, Every Third Saturday: 1-2:30pm. Bring an ID.</p>	<p style="text-align: center;">Community Meal and Meal-Planning Lesson</p> <p>St. James AME 1501 Straightway Ave, Nashville, TN 37206 (615) 226-2386 Occurs once per quarter on Sunday. Contact church for more information.</p>
<p style="text-align: center;">Community Breakfast</p> <p>New Life Thru Christ Ministries 2406 Seifried St, Nashville, TN 37208 8a-10am Occurs every 5th Saturday. Free and open to the public</p>	<p style="text-align: center;">Educational Gardening Program for Children and Seniors</p> <p>Second Missionary Baptist Church 1000 Halcyon Ave, Nashville, TN 37204 (615) 298-1832 Call church for schedule.</p>	<p style="text-align: center;">Gardening Program</p> <p>St. James AME 1501 Straightway Ave, Nashville, TN 37206 (615) 226-2386 Contact church for more information and for schedule.</p>
<p style="text-align: center;">Church/Community Garden</p> <p>Mt. Lebanon Missionary Baptist Church 222 Franklin Limestone Rd, Nashville, TN 37217 (615) 596-0456 Food is given away each year. Call for details.</p>	<p style="text-align: center;">Lunch Program</p> <p>Word of Life Christian Center International 4100 Clarksville Pike, Nashville, TN 37218 (615) 876-3086 worship@wlcci.org Women on Tuesdays, Men on Thursdays 11am to 1pm</p>	<p style="text-align: center;">Meal and Bible Study</p> <p>Word of Life Christian Center 4100 Clarksville Pike, Nashville, TN 37218 (615)-847-5373 http://www.wlcci.org/ Tuesdays 11-1pm women "Compassion in Action" and Thursdays "Fathers, Brothers in Action" 11-11pm.</p>

Community Meal

Rocketown

<https://www.rocketown.com/about>

info@rocketown.org

(615) 843-4001

Family Dinner Tuesdays at 6:30pm

Faith-Based Resources: Social Services

Community Clothing Program

St. John's West UMC
6300 Charlotte Ave, Nashville, TN 37209
stjohnswestumc@gmail.com | (615) 356-1840
www.stjohnswestumc.com
Thursdays 3-5pm

Room at the Inn Hosting

St. James AME
1501 Straightway Ave, Nashville, TN 37189
(615) 226-2386
Occurs once per month through winter months. Call church for more information.

Connection to Substance Abuse Resources

St. James AME
1501 Straightway Ave, Nashville, TN 37206
(615) 226-2386
Visit church to get connected to resources.

Mental Health of Middle TN

<http://www.mhamt.org/>
forinfo@mhamt.org
(615) 269-5355
Prevention curriculum in the community about mental health stigmas and decreasing prevention by K5-high school students.

Spiritual, Emotional, and Educational Care for Cancer Patients

Echoes of Hope Nashville
4636 Lebanon Pike #374
Hermitage, TN 37076-1316
(615) 926-0733
<https://echoesofhopeinc.org/>

Rocketown

Youth devotional in the skate park
Skate Church Tuesdays at 6:30pm
(615) 843-4001
<https://www.rocketown.com/about>
info@rocketown.org

Nashville Youth for Christ

Character development and social services for youth ages 11-19 years old.
(615) 320-7050
jeff@nashvilleyfc.org
Call, email, or visit website (www.nashvilleyfc.org) for more information on how to register.

Journey to Freedom/Restore Small Groups

Open to community members.
(615) 925-3375
office@restoresmallgroups.org
Call, email, or visit website (www.restoresmallgroups.org) for more information on how to register.

Faith-Based Resources: Education

After School Reading Program

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly beginning at 3pm. Call for more details and to join.

Education Ministry: Free Classes (including health-related topics)

Second Missionary Baptist Church
1000 Halcyon Ave, Nashville, TN 37204
(615) 298-1832
Call church or visit website for schedule.
(<http://smbc1000.org>)

After School Tutoring Program

First Baptist Church of East Nashville
601 Main St, Nashville, TN 37206
(615) 254-6268
All Ages, Occurs Wednesdays 5pm
Email Dr. Sharon Shaw McEwen for more information.
sshaw@mtsu.edu

Bilingual Classes

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly from 3-5:30. Call for details

Free Adult & Youth Programs

Nashville Public Library Southeast Branch & Community Center
5260 Hickory Hollow Pkwy #201, Antioch, TN 37013
(615) 862-5871
Visit website for calendar of events
<https://library.nashville.org/locations/southeast-branch>

8-Week Summer Camps for Children

Word of Life Christian Center International
4100 Clarksville Pike, Nashville, TN 37218
(615) 876-3086
worship@wlcci.org
Call or email for more information.
<https://camps.wol.org/youth-camps/>

Legal Clinic run by Local Attorney Volunteers

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Occurs once or twice annually, 6-8pm. Call for schedule.

Tutoring Classes

New Life Thru Christ Ministries
2406 Seifried St, Nashville, TN 37208
(615) 240-1510
Middle and high school tutoring and GED/college preparation in math, science and English.
Occurs Wednesdays 6pm-7pm*
*Individual sessions available, by appt. only.

Summer Camp

Word of Life Christian Center
6 to 14 year olds
Contact: Bess White
(615) 847-5373
whitebess@bellsouth.net

Life Academy Bible College

Word of Life Christian Center
Offers: associates degree in biblical studies, bachelors and associates degrees in business administration, 90-day listenership course in real estate.
Contact: Bess White
whitebess@bellsouth.net (615) 847-5373

Other Community Resources

Nashville Public Library Health & Wellness Programs

Free and open to the public.
Visit your local library's webpage for hours and a calendar of events.
<https://library.nashville.org/locations>

Northwest Family YMCA
3700 Ashland City Hwy, Nashville, TN 37218
(615) 242-6559
Hours: Monday-Saturday: 5am-9pm
Sunday: 1-5pm

My Health Care Home*
Visit this webpage to find a free or sliding scale clinic near you.
<http://myhchtn.org/>

Good Rx

Use this directory to locate pharmacies near you with discounted prescription prices.
<https://www.goodrx.com/pharmacy-near-me/all/tn/nashville>

Dispensary of Hope
Use this directory to locate pharmacies near you with discounted prescription prices.
<http://dispensaryofhope.org/find-meds/>

Family Resource Centers*
These centers can connect you to providers of social and health services. This link will take you to a page to find Family Resource Centers close to you.
<http://www.mnps.org/family-resource-centers/>

Where to Turn in Nashville

Use this guide to find resources around Nashville.
(615) 212-8876
<http://www.wttin.org/resources#>

Metro Action Commission*
Provides resources to Davison County families in need.
(615) 862-8860
Hours: Monday-Friday: 8am-4:30pm
www.nashville.gov/mac

Nashville Health Disparities Coalition
Community-led organization working to empower communities.
<https://nhdcwebsite.wixsite.com/website>

Tennessee Justice Center*

Free legal services to help enroll individuals in public assistance programs to get healthcare and nutrition assistance.
(615) 255-0331
Hours: Monday-Friday: 8am-5pm
www.tnjustice.org

2-1-1 Tennessee
To call, just dial 2-1-1
tn211.mycommunitypt.com

Tennessee Disability Pathfinder*
Visit website to find free resources for residents with disabilities and their families.
1211 21st Ave South, Ste. 539, Nashville, TN 37212
1 (800)-640-4636
www.familypathfinder.org

Other Community Resources – cont.

Hope Clinic for Women*

1810 Hayes Street, Nashville, TN 37203
(615) 321-0005

info@hopeclinicforwomen.org

Hours: Monday-Friday: 8:30am-5pm*

*Closing time varies by day. Call or visit website for details.

www.hopeclinicforwomen.org

Family & Children's Services*

201 23rd Ave North, Nashville, TN 37203
(615) 320-0591

Hours: Monday-Friday: 8am-5pm

www.fcsnashville.org

Sexual Assault Center*

Counseling and Education

101 French Landing Dr., Nashville, TN 37228
(615) 259-9055

www.sacenter.org

Gentlemen and Not Gangsters (G.A.N.G.)

Mt. Carmel Missionary Church
Mentoring for youth who are currently affiliated with gangs and on probation.

Contact: Bishop Marcus Campbell
(615) 636-0012

mt.carmelmcbnashville@gmail.com

Hispanic Family Foundation*

3927 Nolensville Pk., Nashville, TN 37211
(615) 562-2222

Hours: 9am-5pm

www.hispanicfamilyfoundation.com

Faith Family Medical Center

326 21st Avenue North, Nashville, TN 37203
(615) 341-0808

FaithMedical.org

Monday – Friday. Cost from \$20-\$55. Call or go online to learn more.

Employment and Career Development – Job Bulletin

Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37212
(615) 596-0456

The bulletin is posted inside the church.

Job Training and Career Assistance Programs

Fifteenth Avenue Baptist Community Development Corporation
344 Jefferson St, Nashville, TN 37208
(615) 256-4329

Call or visit website (fabcdc.org) for more information on how to register.

Financial Management and Home Buyer Education

Fifteenth Avenue Baptist Community Development Corporation
344 Jefferson St, Nashville, TN 37208
(615) 256-4329

Call or visit website (www.fabcdc.org) for more information on how to register.

Other Community Resources – cont.

Developmental Disability Services Vanderbilt Kennedy Center

For individuals, families and the community.
110 Magnolia Circle, Nashville, TN 37203
(615) 322-8240
Call or visit website (vkc.mc.vanderbilt.edu)
for specific programs and details.

Healthy Families Tennessee

In-home support for families (pregnancy through
kindergarten)
(615) 383-0994
Call or visit website (<http://www.pcat.org/support-for-parents>)
for specific programs and details.

Nurturing Parenting-Prevent Child Abuse Tennessee

In-home support for caregivers taking care of children
12 years or younger.
600 Hill Ave. Suite 202 Nashville, TN 37210
(615) 866-0501
Call or visit website (<http://www.pcat.org/support-for-parents>)
for specific programs and details.

Developmental Disability Services Vanderbilt Kennedy Center

For individuals, families and the community.
110 Magnolia Circle, Nashville, TN 37203
(615) 322-8240
Call or visit website (vkc.mc.vanderbilt.edu)
for specific programs and details.

*Indicates bilingual services available.

ACKNOWLEDGEMENTS

The Faith and Health Collaborative

Clark United Methodist Church

EarthMatters TN

Meharry Medical College

Meharry-Vanderbilt Alliance

Metro Public Health Department

Middle TN YMCA

Nashville General Hospital

Nashville Health

New Life Thru Christ Ministries

New Unity Church

Open Table Nashville

Rooted Community Health

Saint Thomas Nashville

Second Harvest of Middle TN

Siloam Family Health Center

Tennessee Department of Health

Vanderbilt University

Vanderbilt University Medical Center



MEHARRY
VANDERBILT
ALLIANCE

SINCE 1999



@mvalliance



Nashville Health Disparities Coalition

Bringing People, Organizations, and Communities Together to Accomplish Extraordinary Goals

Visit the NHDC website:

<https://nhdcwebsite.wixsite.com/website>

For more information about this Community Resource Booklet or to submit additional resources, please contact the Jacquelyn Favours at jacquelyn.s.favours@meharry-vanderbilt.org or call (615) 963-2820.